Raising a Resilient Scientist (RRS) series

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A five-part series including lectures and discussion groups for faculty, staff scientists, and administrators who mentor students and postdoctoral fellows in the biomedical, behavioral, and social sciences.

For more information, click the following links:

- [About the series](#)
- 1. **Communication Skills to Build Trainee Resilience** – February 1, 2024, 12:00-2:15 PM ET - [Register for Unit 1](#)
- 2. **Promoting Trainee Resilience** – March 7, 2024, 12:00-2:15 PM ET - [Register for Unit 2](#)
- 3. **Building a Welcoming and Inclusive Research Group** – April 11, 2024, 12:00-2:15 PM - [Register for Unit 3](#)
- 4. **Difficult Conversations, Conflict, and Feedback** – May 9, 2024, 12:00-2:15 PM - [Register for Unit 4](#)
- 5. **The Mental Health and Well-being of Your Trainees** – June 13, 2024, 12:00-2:15 PM - [Register for Unit 5](#)

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